

## Structured Living Program

NEVADA SENTENCING COMMISSION MEETING

AUGUST 24, 2022

### Department of Sentencing Policy Mission

#### **NDSP Mission**

Assist and support the Nevada Sentencing Commission in providing datadriven sentencing and corrections policies.

#### NDSP Observation

On several visits to Lovelock Correctional Center, our team noticed a marked difference when entering the SLP unit compared to other general population units. The pride shown by the members of the SLP program is tangible and the behavior differences distinct. We were able to speak with both participants and staff to gain understanding of the SLP and why it seems to make such an impact on those involved.

ENCING

## Legislative History

During the 2001 Special Session, the following was added to Senate Bill No.4 Section 2: ".. A system for offender management, to be implemented in each institution and facility of the department, which consists of structured living programs for offenders.."

In 2003 Lovelock Correctional Center was supplied, through the General Fund, one Drill Instructor (DI) specifically for the Structured Living Program starting in FY2005-06.

Lovelock Correctional Center has been successfully operating the Structured Living Program through the General Fund since 2005.



## **SLP Mission Statement & Overview**

#### **Mission Statement**

The primary mission of the Structured Living Program at Lovelock Correctional Center is to implement a program that provides an environment that facilitates change through a highly organized and regimented system of intensive physical exercise, physical labor, programming and academic education to inmates who volunteer.

#### **Overview of Program**

The Structured Living Program is a three-phase program which provides offenders with education, discipline, physical conditioning, positive motivation, and kinship directed toward positive and farreaching lifestyle changes.



The objectives of this mission are as follows:

- 1. Provide a structured physical fitness program to enhance an offender's health and promote self-esteem.
- 2. Provide a para-militaristic environment to teach discipline, respect, citizenship, courtesy and teamwork.
- 3. Implement structured programming consisting of self-esteem, anger management, substance abuse and commitment to change utilizing rational emotive therapy as a technique to promote the offender to take control of his life and become a responsible and productive member of society--whether prison society or society at large.
- 4. Provide an intense work program to teach inmates specific skills, work ethic, safety and responsibility so that they can provide a viable contribution to their respective communities.
- 5. Provide rigorous inspection procedures for members and their personal and assigned areas to promote good hygiene and values



# Program Structure

# Outline of Program & Class Requirements

## Alpha 14 Week Program

Commitment to Change - 1

- Re-Entry to Society
- Study Skills
- Nutrition 1
- Money Smart 1
- Treatment Readiness for You
- **Errors in Thinking**

# Bravo 20 Week Program

Commitment to Change - 2

#### Week 1-10

- Nutrition 2
- Money Smart 2
- Expanding Your Horizons 1

#### Weeks 11-20

- Vital Issues Project 1
- Inside Out
- Expanding Your Horizons 2

# Charlie 24 Week Program Commitment to Change - 3

#### Weeks 1-12

- **Goal Setting**
- Vital Issues Project 2

#### Weeks 13-24

- Nutrition 3
- **Angry Self**

## Member History

## Total Members from 1999-2021

- Total Members Joined 2,422
- Total Members Graduated Alpha 1,833
- Total Members Graduated Bravo 1,085
- Total Members Graduated Charlie 611



## SLP Application Process for Offenders

#### **Applicants must:**

Personally complete and submit an SLP application

Pass the SLP admission interview

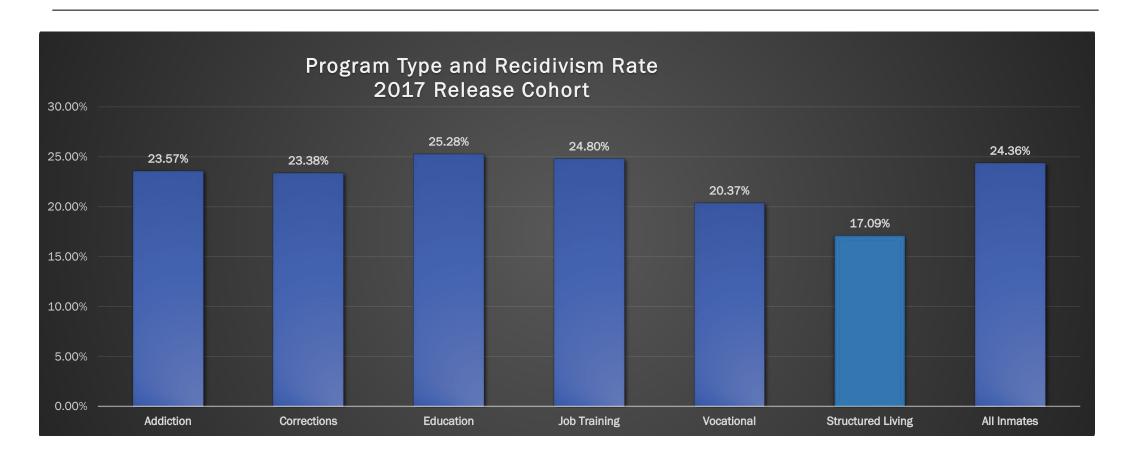
Remain infraction free for six months prior to application

Agree that the SLP program comes first and foremost

Be physically and mentally able to participate in every aspect of the SLP

Attend ALL scheduled classes

# Program Type and Recidivism Rate



## Offender Impact

Offender

The Structured Living Program is effective because it emphasizes
three main areas for growth. These areas include: rehabilitation, physical
fitness, and structure. The courses aimed at promoting rehabilitation
provided me with new and important insights into managing my emotions
and modifying my behavior. The extensive course material combined with
the high standards required by the program forced me to develop and
utilize new study habits which will benefit me in my future endeavors.

belief in myself that ive never had, the strength to speak up and be heard, it reaffirmed my strong work ethic, a strong sense of responsibility, and a healthier awareness of myself.

Sel 21 a whole is one of the bost programs in the NDOC. It transforms the lives of those who graduate. The best part of Selic that it is an inmale ran program. Attender, 3 a 40 as the Drill Instructor but 75% of the decisions

program and have graduated. This program meant so much to me, It gave values that I use to this day. I learned to do things I don't want to do when I don't have to. Nobody wants to go to work everyday but most people do it anyway, because without work you would be living on the streets. This program gave me the basic routine my lite needed to take that extra step and be responsible. It also tought me to work with others and communicate. You don't have to do everything by yourself. Diffender working with others people and

the hardest of all to accomplish and S.L.P. helped me find this and so much more. I am a totally different person; looking in the mirror I don't see the guy I was, instead I see the man who I have become. A better man, positive and confident. I think to myself about my ideas for the future and say, I can do it, whatever "it" is! I look past problems now, to the solution, to find the way to accomplish my goals. Before this program I had